



# BLUSH TEMPLES



WE CATCH UP WITH JUDITH RICHARDS OWNER OF BLUSH TEMPLES IN WANSTEAD TO DISCUSS THE PERFECT FLORAL CHRISTMAS DECORATIONS.

**W**hen you have spent more time in the kitchen than you do at any other time of the year, ensuring every dish is cooked to perfection, ready to be served on your best china. When you have polished the cutlery and glassware to a high shine and chilled the champagne, don't let your table centrepiece let you down. You would not buy an expensive dress and not enhance the look with quality accessories.

Your table centrepiece should reflect the theme of your Christmas décor throughout the house. It should be just as festive as the rest of your home.

This Christmas forget the doom and gloom of the economic crisis and utilise the services of your local florist, it need not break the bank and it will be one less thing to stress about. Let someone else do the work whilst you get on with planning the rest of the day.

At Blush Temples of Wanstead Village, we work closely with our customers to create designs suitable for their festive table.

Traditional table centres (red, green and gold) made with fresh, waxed, or dried fruits, fresh blue pine, pine cones, orange slices, berries, cinnamon sticks, etc, are rich and lush. They produce a wonderful aroma to stimulate the appetite and have your family and guests rushing to the dinner table.

Contemporary designs contain fresh, dried or silk materials in non traditional colours such as silver, purple, lilac or black with lots of decorative sparkly twigs and baubles.

When space is not an issue then a low arrangement whether it be long and low or round and low will look fantastic. However, if space is an issue you should consider an arrangement in a tall container which will free up space on your dining table. An arrangement in a tall container will also look stunning in a room with a very high ceiling.

Simple stunning arrangements can be created for dinner parties of four or less by floating flowers in a goldfish bowl or shallow glass container with a few grasses and aqua t-lights. You could also place a candle in the centre of a decorated pine or holly wreath.

Monochromatic designs create powerful impact for any function. Simple sophistication can be achieved with an arrangement of all white flowers set among choice seasonal foliage.

The use of candles or t-lights in any table centrepiece produces wonderful mood lighting, especially as the evening gets dark.

If you are pulling out all the stops then an arrangement designed around a candelabra will create a mood of indulgent opulence.

There are no hard and fast rules, just have fun with your design and ensure it is in harmony with all the other festive décor in your home. The aim is to create a signature piece on your dining table which has the WOW factor and complements your table setting.

Visit Blush Temples, 37 High Street Wanstead, this Christmas for flowers, Christmas Trees and unusual gift items, or visit their website [www.blushtemples.co.uk](http://www.blushtemples.co.uk)